

Menu 7A Strandvägen 2021

At 7A we know that food and drinks play an important part of a successful and inspiring day of meetings. We offer a menu based on the season, carefully composed by our catering chefs.

Attached you will find our selected menus for the season.

Conference — Tasty meals for the whole stay



Meal package all day

The package includes freshly baked bread with cold cuts, müsli bar, yoghurt and granola, fruit, juice and coffee/tea. Today's lunch comes with salad, freshly baked bread, crisp bread, whipped butter, sparkling- and still water and a piece of chocolate. You will choose between today special or a filling salad. Afternoon fika with coffee/tea, raw food ball, smoothie and freshly baked pastries.

Meal package half-day

Morning

The package includes freshly baked bread with cold cuts, müsli bar, yoghurt and granola, fruit, juice and coffee/tea. Today's lunch comes with salad, freshly baked bread, crisp bread, whipped butter, sparkling- and still water and a piece of chocolate. You will choose between today special or a filling salad.

Afternoon

Today's lunch comes with salad, freshly baked bread, crisp bread, whipped butter, sparkling- and still water and a piece of chocolate. You will choose between today special or a filling salad. Afternoon fika with coffee/tea, raw food ball, smoothie and freshly baked pastries.

All coffee & tea being served are organic & Fair trade.
Minimum 10 persons. All menus subject to seasonal availability.



Breakfast

— For a good start to your day



Breakfast package small

The package includes freshly baked bread with cold cuts, müsli bar, juice, coffee/tea and sparkling- and still water.

Breakfast package large

The package includes freshly baked bread with cold cuts, croissant, müsli bar, yoghurt and granola, juice, energy shot, coffee/tea and sparkling- and still water.



Add ons

Sweets the whole day	25 SEK/person
Fruit the whole day	25 SEK/person
Croissant	35 SEK/person
Energy bar	35 SEK/person
Pastries	50 SEK/person
Eggs with caviar	40 SEK/person
Cottage cheese with topping	25 SEK/person
Filling sandwiches	135 SEK/person
Wrap	120 SEK/person
Sliced fruit (10 persons)	500 SEK/plate
Vegetables sticks with dip (min. 15 persons)	65 SEK/person
Soda	35 SEK/person

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Each party must choose a set menu. All menus subject to seasonal availability.



Dinner Menu

— Tasty meals for a pleasant evening



Menu

Compose your own two or three course dinner. Each party must choose a set menu.

Starters

- Cured cod tartare with yuzu mayonnaise, roasted dark rye bread crumbs & pickled fennel
- Beef Carpaccio with baked beets, horseradish cream, pomegranate & watercress
- Potato & artichoke gnocchi with mushroom cream, pickled artichoke, almond potato crisps & baked tomato

Main dishes

- Baked sirloin served with pommes Anna (potato cake), baked cabbage, deep fried shallots, Gruyère cheese emulsion & red wine gravy
- Blackened pike-perch fillet served with confit almond potato, pickled yellow beets, fennel & beurre blanc
- Whole roasted tomatoes with celery risotto, roasted cabbage & balsamic

Dessert

- Cheesecake with cloudberry jam & honey cress
- Chocolate mousse with poached cherries & mint

Our sommelier is happy to recommend customized wine packages with selected wines to each Minimum 10 persons. Each party must choose a set menu. All menus subject to seasonal availability.

Add a delicious cheese plate and extend your three course dinner to four courses!

Buffet Menu

— Something good for all tastes



Choose between three delicious buffets

Italian flavours

- Garlic roasted chicken thigh with grilled lemon
 - Three kinds of sliced cured meat on a plate (Ventricina, Bresaola & Serrano)
 - Lasagne on oyster mushrooms
 - Roasted vegetables with basil & Grana Padano
 - Marinated olives with rosemary, tomato & mozzarella salad with chili & red onion
 - Romaine salad with roasted pine nuts & sourdough croutons
 - Seed pesto
 - Aubergine cream with garlic & parsley
 - Taleggio cheese with grapes
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Asian flavors

- Beef salad with sesame seeds, chili & cilantro
- Salmon tataki with wasabi, ginger & soy
- Pork meatballs with lime & ginger in hot coconut milk
- Steamed rice with lime & star-anise
- Fresh Vietnamese spring rolls filled with chopped vegetables
- Pak Choi salad with fried egg, pea sprouts, onion & cilantro
- Fried shrimp chips
- Sesame & garlic mayonnaise
- Soy sauce with chili & ginger

Minimum 10 persons. Each party must choose a set menu. All menus subject to seasonal availability.

Buffet Menu

— Something good for all tastes



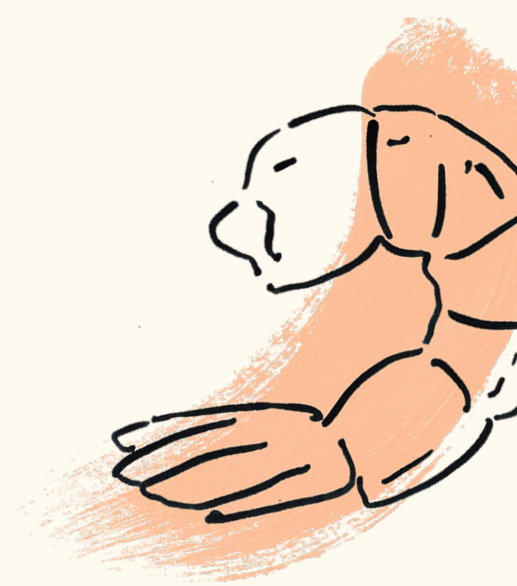
Healthy vegetarian buffet

- Zucchini pancakes
- Omelette with feta cheese & spinach
- Baked potato salad with chives & capers
- Quinoa with herbs & garlic
- Roasted cabbage with chervil & lemon
- Garlic roasted mushroom salad with green beans, baked onion & arugula
- Chili mayonnaise
- Lemon & parsley yoghurt
- Baked celeriac with gremolata



Minimum 10 persons. Each party must choose a set menu. All menus subject to seasonal availability.

Mingle — Delicious cocktail foods



Mingle plate

Choose between three kinds of mingle plates– meat, fish or vegetarian!

Meat

Cold-cut roast beef with salad of quinoa, raw root vegetables, baked cauliflower, mayonnaise flavoured with parsley and pickled red onion

Fish


Cold smoked salmon, potato salad with mustard dressing, mayonnaise flavoured with chives, baked parsnips and pickled fennel

Vegetarian

Our chefs can also offer you a completely vegetarian dish. Ask us and we will be happy to tell you more about it.

Cheese & meat platter

- Two kinds of cheese with marmalade
- Two kinds of cured meats
- Rosemary & garlic marinated olives
- Crackers & sourdough bread



Finish your day off in a luxurious way with
a glass of sparkling wine and macarons 125 SEK/ person

Prices above are excl. VAT. Minimum 10 persons. Each party must choose a set menu. All menus subject to seasonal availability.

Mingle — Delicious cocktail foods



Canapés

- Salmon with horseradish cream cheese, romaine salad & cucumber
- Swedish Skagen mixture on dark rye bread
- Bresaola with creamed Präst cheese & chives on crostini

Finger food

- Fresh vegetarian spring rolls filled with vegetables
- Glass noodle salad with beef & Pak Choi served in a glass
- Andalusian gazpacho with chopped vegetables

We recommend 3 canapés per person!

Wraps

- Chicken, quinoa, Chèvre, basil cream & roasted vegetables
- Vegan wrap with baked vegetables, bean mixture, naked oats, red onion & Puy lentils
- Smoked salmon, red cabbage salad, pomegranate, dill, lemon mayonnaise & French potato salad
- Cured beef brisket, capers, red onion, horseradish, pickled red onion, French potato salad & mayonnaise

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